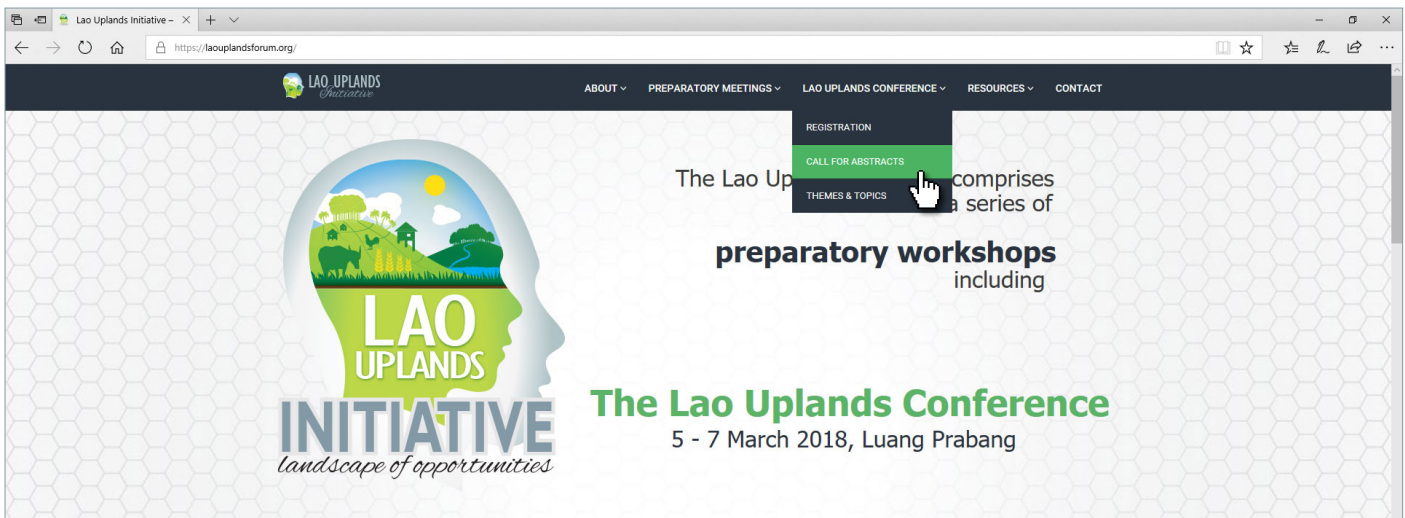


How to submit your abstract to the Lao Uplands Conference

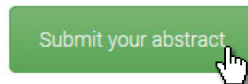
9 steps tutorial

1 Go to laouplandsforum.org

On the menu, go to “LAO UPLANDS CONFERENCE” and then “CALL FOR ABSTRACTS”



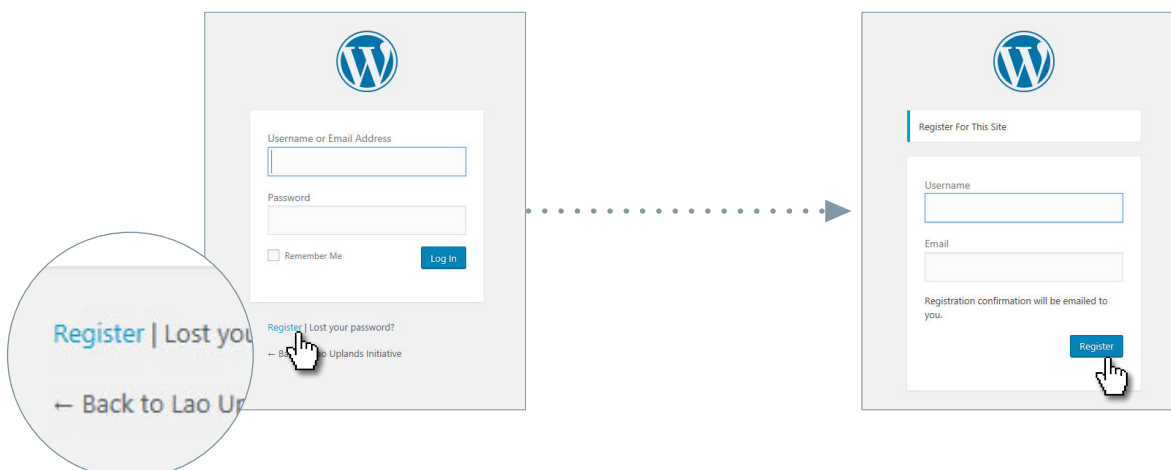
2 Scroll down and click “Submit your abstract”



..... You need to be **registered** and **logged-in** to the Lao Upland Initiative’s website to submit your abstract.

3 Click “Register”

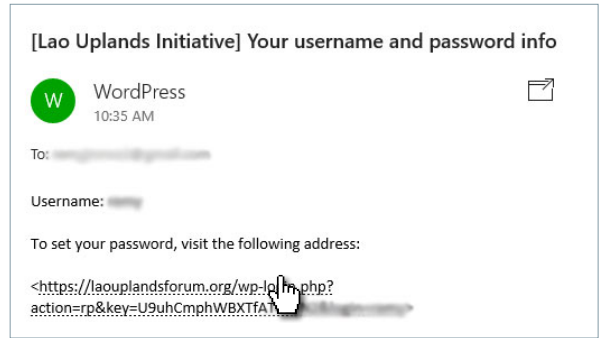
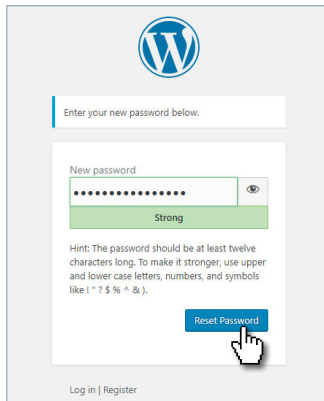
4 Enter your Username and Email; then click “Register”



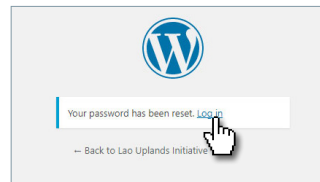
You will receive an email **WordPress [Lao Uplands Initiative]** with a link to set your password.

5 Open the email and click the link to set your password

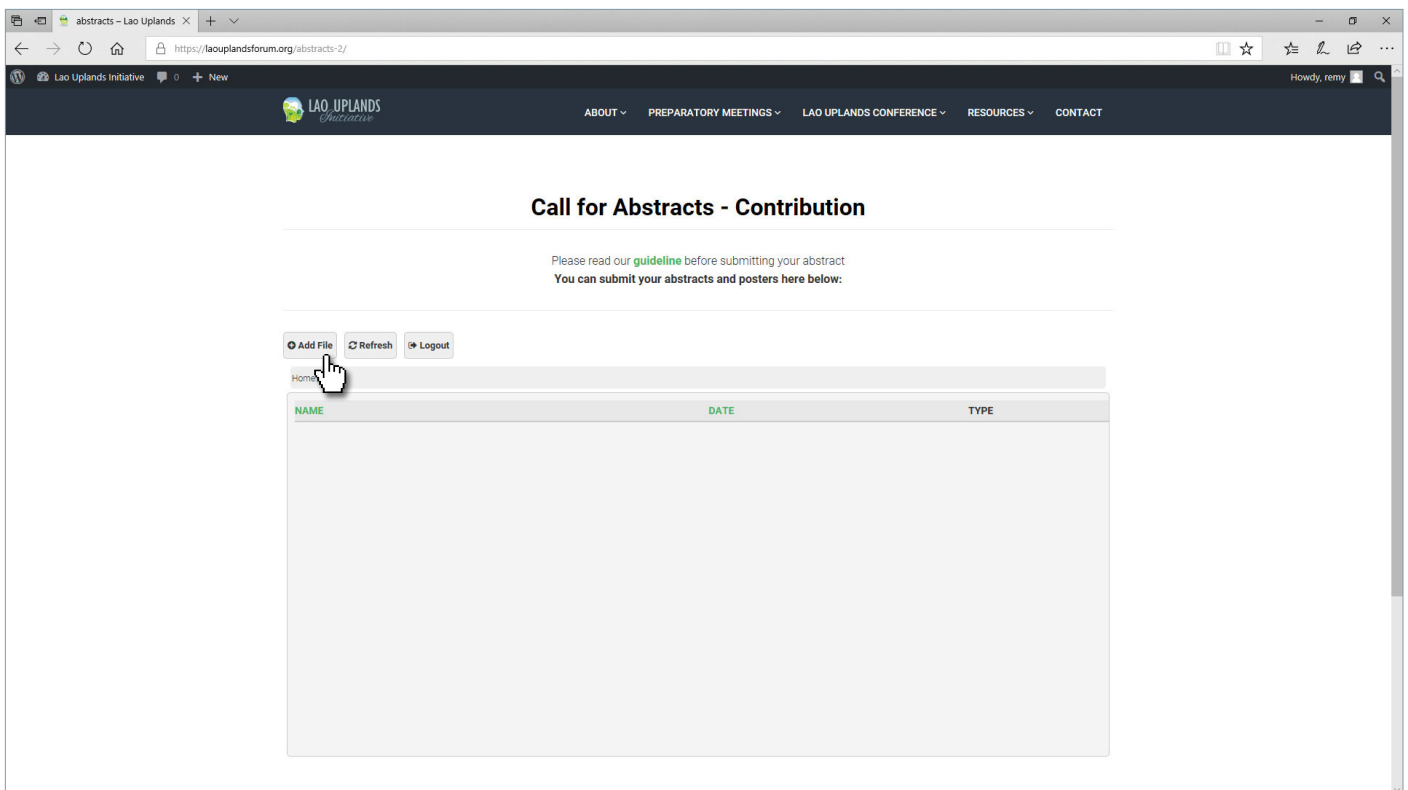
6 Set your password and click “Reset Password”



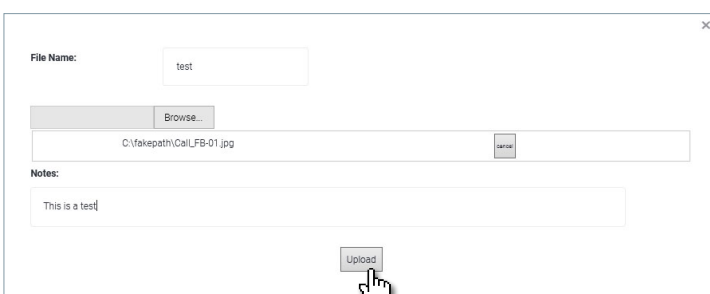
7 Click “Log in”



8 You can now submit your abstract by clicking “Add file”



9 Enter your Abstract’s name and file; you can add notes if you wish; then click “Upload”



Your abstract has been successfully uploaded!